

Getting Started

Use this worksheet to help with your topic creation on your essay pages.

Write 3 words you would use to describe yourself



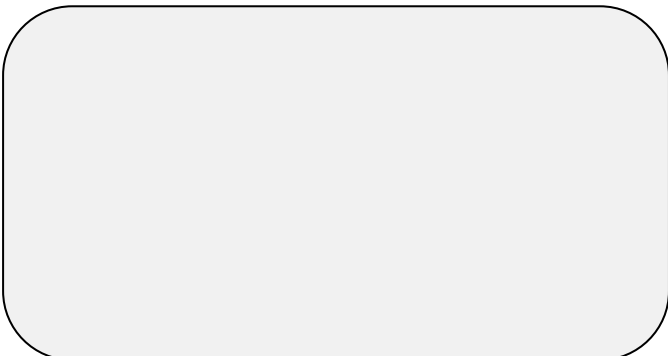
List 5 accomplishments you are most proud of



List 5 things you consider yourself very knowledgeable about



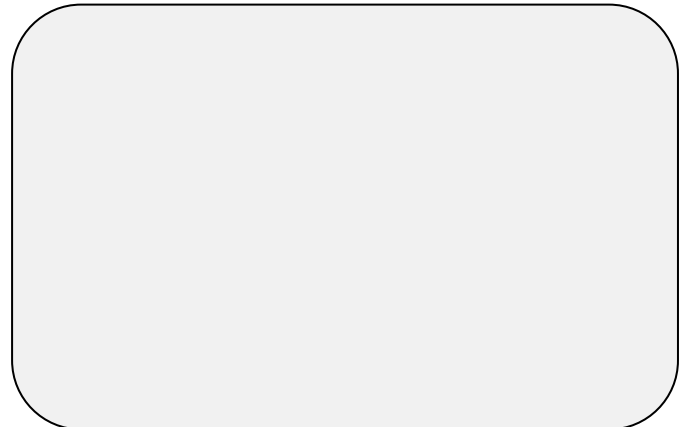
What are your most important extracurricular or community activities?



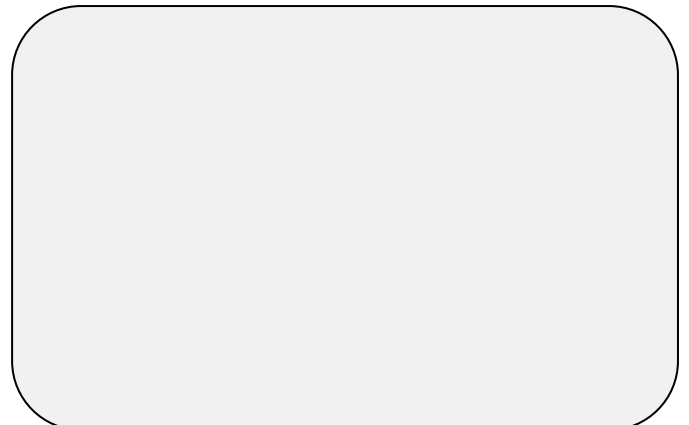
List 2 times in life when you failed miserably and 2 times when you were a fantastic success



Ask your parents for 5 events in your life that they will always remember



List 4 of your favorite things and 4 of your least favorite things (could be activities, objects, places, etc)



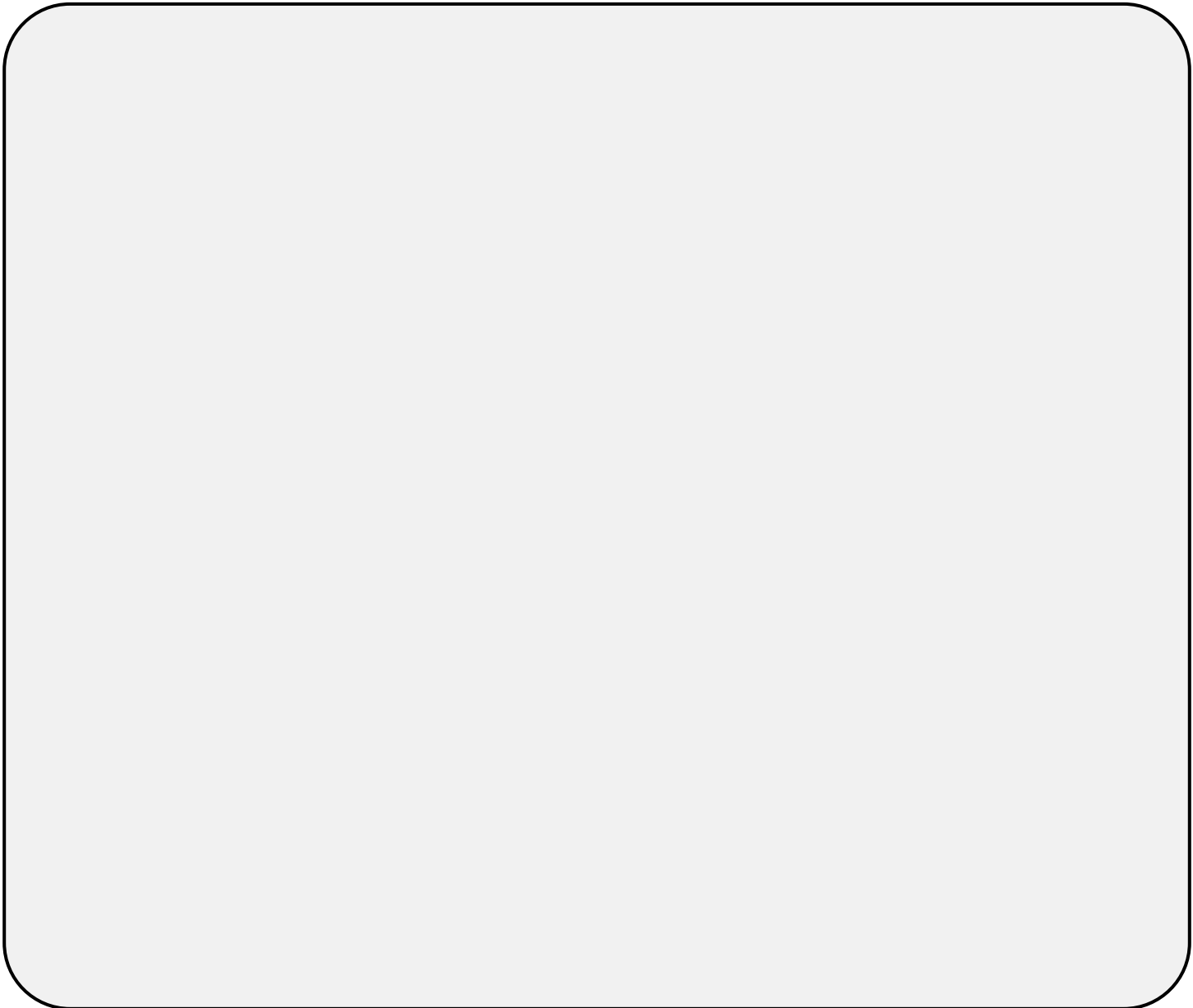
Getting Started

List 5 people whom you respect and admire and explain why they are on your list (could be alive, dead, or fictional)

Common App Personal Statement Worksheet

Writing Prompt _____

**Brain Dump (write down every idea that comes to
mind for this prompt)**



Essay Theme/Topic Selection

From your brain dump pull out the 3 topics you feel fit this prompt the best. Come up with a hook and 3 main ideas for an essay about that topic. Review all three and pick the one you feel is the strongest message and that you can best write about.

Theme: _____

Write a hook/introductory sentence and three main points for this theme:

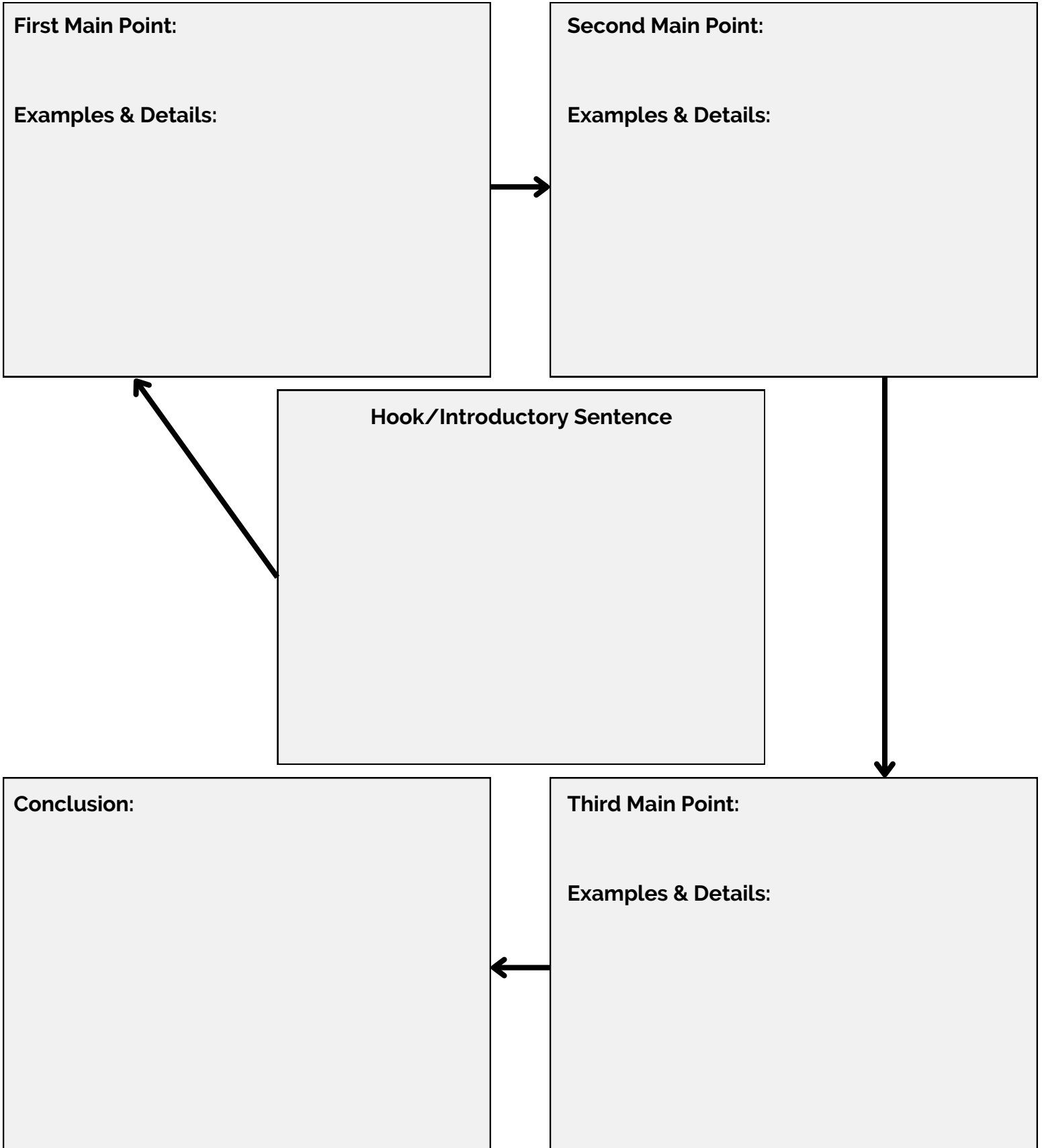
Theme: _____

Write a hook/introductory sentence and three main points for this theme:

Theme: _____

Write a hook/introductory sentence and three main points for this theme:

Outline



Supplemental Essay Brainstorming Worksheet

College Name: _____

Writing Prompt _____

**Brain Dump (write down every idea that comes to
mind for this prompt)**

Essay Theme/Topic Selection

From your brain dump pull out the 3 topics you feel fit this prompt the best. Come up with a hook and 3 main ideas for an essay about that topic. Review all three and pick the one you feel is the strongest message and that you can best write about.

Theme: _____

Write a hook/introductory sentence and three main points for this theme:

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Outline

